



### LESSON 3 // IT'S TIME FOR FRESH VISION

**Big Idea:** Vision is a key to forward momentum because you move in the direction of your vision. Fresh vision for your life helps you move into new possibilities and opportunities.

It's important to understand that you might have the wrong kind of vision—one that is diseased, damaged or destroyed. Forward movement requires a healthy forward vision. This vision isn't living in the future; it's living your best life today with the future in view.

**Philippians 3:13, 14 (TLB)** *No, dear brothers, I am still not all I should be, but I am bringing all my energies to bear on this one thing: Forgetting the past and looking forward to what lies ahead, I strain to reach the end of the race and receive the prize for which God is calling us up to heaven because of what Christ Jesus did for us.*

#### Start Talking:

Describe a time when your physical vision was impaired in some way (maybe you were poked in the eye or had some kind of eye procedure). How did this affect you? How did you recover?

#### Start Thinking:

**Read Deuteronomy 1:6-8.** How did the Lord motivate Israel to advance toward the land He promised them? How can God's vision for a "Promised Land" in your life help move you forward in His purposes?

**Read Matthew 6:22-23.** What does Jesus say in these verses about having healthy or unhealthy eyes (vision)? What are some of the reasons your vision may be unhealthy?

**Read Jeremiah 29:11.** How does this verse inspire a healthy vision for what God has in store for you?

**Read Philippians 3:13-14.** What are some practical ways you can, like the Apostle Paul, be "looking forward to what lies ahead" with a positive vision for your future?

#### Start Praying:

Pray for wisdom and insight to recognize any unhealthy vision you may have and for God to give you a healthy vision based on His promises for your future.

#### Start Doing:

Write out a brief summary of what a healthy vision from the Lord looks like for your life. Consider how this should shape your decisions and direction in the days ahead.