



LESSON 6 // NO MORE EXCUSES—PART 1

Big Idea: One of the things that hinders our progress—our forward movement in life—is a variety of excuses.

God's goal is to get you moving forward! This will not happen unless you properly address and remove your excuses, including a fear of God's will, personal disqualification, the opinion and pressures of others, the inability to see a path forward and the perceived lack of help.

Romans 12:2 (NLT) *Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.*

Start Talking:

Talk about excuses that sneak into your thinking at times (like, "That's not convenient or comfortable for me," "I don't know how," "Someone else should do that," "I don't have enough time," etc.). How might these excuses have a negative impact in your life?

Start Thinking:

Read Romans 12:2 and Hebrews 4:16. When you think of giving yourself completely to God and His will, what fears or concerns come to your mind and heart? How can these verses help you address these concerns?

Read Mark 10:47-52. What do you learn from the man in this story about responding when people try to silence you and keep you from God's best?

Read Psalm 119:105. How does this verse speak to you about God's process of leading you forward?

Read Isaiah 41:10. What kind of help does the Lord provide for you? What difference should this make when you face challenges in your life?

Start Praying:

Pray for God's wisdom to identify and address excuses that keep you from moving forward in His plan and purpose.

Start Doing:

What excuse (large or small) that might be holding you back from pursuing God's best can you address this week? What step will you take toward eliminating this as an excuse in your life?