

FROM
ME TO WE

KEYS FOR BUILDING **STRONG FAMILIES AND RELATIONSHIPS**

#1 WHERE DO I BEGIN?

Genesis 1:31 (NIV) God saw all that he had made, and it was very good. And there was evening, and there was morning — the sixth day.

Genesis 2:18 (NIV) The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him."

Genesis 2:19-25 (NIV) Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds in the sky and all the wild animals. But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man." That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Adam and his wife were both naked, and they felt no shame.

1. There's a hole in your soul only God can fill.

- Matthew 3:16-17
- Mark 1:35
- John 5:19
- John 4:3-26

2. There's help you need only God can provide.

- Psalm 18:6-14
- Psalm 30:2
- 1 Thessalonians 2:2
- Hebrews 4:16
- Psalm 18:29
- Psalm 121:1-2
- Hebrews 2:18

3. There's insight and wisdom only God can give.

- Psalm 111:10
- James 1:5
- Proverbs 2:6

4. There are destructive patterns in your life only God can change.

- John 3:6, 7
- Romans 8:1-2
- Romans 10:13
- John 14:6
- Romans 3:23-24
- Romans 10:9-10
- 2 Corinthians 5:17
- John 3:16