



KEYS FOR BUILDING **STRONG FAMILIES AND RELATIONSHIPS**

LESSON 11 // HELP, I'M A PARENT!—PART 4

Big Idea: God's Word give us keys to healthy, godly relationships between parents and their children. This lesson focuses on two of these important keys for parents: (1) to encourage challenges and reward your child's accomplishments and effort, and (2) to nurture your child's faith.

***Proverbs 22:6 (TPT)** Dedicate your children to God and point them in the way that they should go, and the values they've learned from you will be with them for life.*

Discussion Questions:

- We learned about the importance of fostering a growth mindset by getting children to try something new. What are some ways you can encourage age appropriate challenges for your child(ren)?
- What challenges (or relationships) has God allowed in your life that grew you in some way?
- We also learned kids need "grit": a distinct combination of passion, resilience, determination, and focus. Are there any challenges (emotionally, spiritually, or relationally) that you and/or your children are currently experiencing that require "grit" to get through?
- What are some ways you can recognize and reward your children when they persevere through challenges?
- Can you share examples of how you live out your faith (in front of your children, if you have kids)?
- Often times, it's easier to pray for our kids than with our kids. Let's incorporate times in our schedules each day to family devotions and praying **with** our children. If you're currently doing this, what ways can you do to encourage your child(ren)'s faith (asking them to pray scripture, memorizing bible verses, praying for one another, etc.)?

Prayer Focus:

If there are not parents in the group: Pray that God will help you apply the principles within this series to better honor God in your relationships. Ask for help in having the conversations that you need to (good or challenging) as you move forward to honor Him in this area of your life.

If there are parents in the group: Pray that God will help you implement some of the specific things that you mentioned in the questions above with your child. Ask that God help you to remain consistent in helping you continually help your children grow (spiritually).

Leader Tip:

Take some time to talk through what were some big takeaways from this series. As the group to share what adjustments they have made (with parenting, marriage, relationships, etc) and celebrate the wins!