



LESSON 2 // REMEMBER ME

Big Idea: We've all experienced delays in life when we're left feeling disappointed, disheartened and worn out. Often our heart cry in times like these is for God to remember us and give us a breakthrough.

In 1 Samuel 1:1-20 we see that a lady named Hannah went through this before the birth of her son, the prophet Samuel. We learn from her story that, when we face delays in our lives, we need to: take our situation to God; wrestle with Him and our emotions in prayer; surrender our situation to His care and timing; accept the peace He offers; and praise Him no matter the outcome.

1 Samuel 1:16-20 (NLT) *"Don't think I am a wicked woman! For I have been praying out of great anguish and sorrow." "In that case," Eli said, "go in peace! May the God of Israel grant the request you have asked of him." "Oh, thank you, sir!" she exclaimed. Then she went back and began to eat again, and she was no longer sad. The entire family got up early the next morning and went to worship the Lord once more. Then they returned home to Ramah. When Elkanah slept with Hannah, the Lord remembered her plea, and in due time she gave birth to a son. She named him Samuel, for she said, "I asked the Lord for him."*

Start Talking:

Talk about a significant delay you faced in your life. How did you handle the emotions of this stressful situation?

Start Thinking:

Read 1 Samuel 1:9-11. What do you learn about Hannah from these verses? How does this speak to you about responding to delays in your life?

Read Matthew 26:38-44. Why is it important to wrestle with God and our emotions in prayer when facing delays and difficult situations?

Read 1 Peter 5:6-7. What are the benefits of trusting God's care and timing when you face delays? What happens when you fail to do this?

Read 1 Samuel 1:19-20 and Habakkuk 3:17-19. How does praising God no matter the outcome of your delays change you and your relationship with Him?

Start Praying:

Take your emotions to God this week about any delays, frustrations and challenges you are facing. Wrestle with Him through these to a point of trust in His care and timing.

Start Doing:

Commit to memory 1 Peter 5:6-7. Write out and declare out loud each day this week a statement of your faith-filled determination to "cast all your anxiety" and worries on Him and trust that He will "lift you up in due time"!