

## LESSON 6 // TAKE CARE OF ME

**Big Idea:** Lack is a part of all our lives at different points. When facing a lack, God encourages us to respond by seeking Him in prayer, rather than reacting with fear.

Prayer helps us see possibilities in God. It allows Him to guide us to His problem-solving pathways. It also accesses heaven's resources and gives us the faith to receive them to meet our needs.

**2 Kings 4:1-7 (NLT)** One day the widow of a member of the group of prophets came to Elisha and cried out, "My husband who served you is dead, and you know how he feared the LORD. But now a creditor has come, threatening to take my two sons as slaves." <sup>2</sup> "What can I do to help you?" Elisha asked. "Tell me, what do you have in the house?" "Nothing at all, except a flask of olive oil," she replied. <sup>3</sup> And Elisha said, "Borrow as many empty jars as you can from your friends and neighbors. <sup>4</sup> Then go into your house with your sons and shut the door behind you. Pour olive oil from your flask into the jars, setting each one aside when it is filled." <sup>5</sup> So she did as she was told. Her sons kept bringing jars to her, and she filled one after another. <sup>6</sup> Soon every container was full to the brim! "Bring me another jar," she said to one of her sons. "There aren't any more!" he told her. And then the olive oil stopped flowing. <sup>7</sup> When she told the man of God what had happened, he said to her, "Now sell the olive oil and pay your debts, and you and your sons can live on what is left over?"

## Start Talking:

Talk about a time of significant lack in your life. How did God help you through that time?

## Start Thinking:

**Read Psalm 119:67 and 2 Corinthians 1:3-4; 4:18.** How do these verses help you understand some benefits of lack, problems and pain in your life?

**Read Matthew 11:28 and Hebrews 4:16.** What does God promise if you bring your problems and pain to Him in prayer rather than reacting in fear?

**Read 2 Kings 4:1-6**. How does prayer help you see God's problem-solving pathways you wouldn't otherwise see?

Read 2 Kings 4:7 and Matthew 6:31-33. How should we respond to God's promise to provide for us?

## **Start Praying and Doing:**

Pray that God will help you see His problem-solving pathways for challenges in your life. Then respond with faith and obedience to Him and His promises.

What are some practical steps you can take as part of this response? Write down these steps and a plan to begin to apply them.