



LESSON 7 // SHOW ME

Big Idea: Prayer changes many things in our lives. One of the important spiritual and emotional enemies we all face that prayer helps us overcome is fear.

Prayer enables us to see the dark behind the dark in our fears. It helps us unmask these fears, exposing lies and bringing God's truth to light. And prayer connects us with God's wisdom and power that sets us free from fear.

2 Kings 6:14-17 (NLT) *So one night the king of Aram sent a great army with many chariots and horses to surround the city. ¹⁵ When the servant of the man of God got up early the next morning and went outside, there were troops, horses, and chariots everywhere. "Oh, sir, what will we do now?" the young man cried to Elisha. ¹⁶ "Don't be afraid!" Elisha told him. "For there are more on our side than on theirs!" ¹⁷ Then Elisha prayed, "O Lord, open his eyes and let him see!" The Lord opened the young man's eyes, and when he looked up, he saw that the hillside around Elisha was filled with horses and chariots of fire.*

Start Talking:

What is one significant fear you have faced in your life? How did you deal with it?

Start Thinking:

Read Ephesians 6:12 and 1 Peter 5:8. What do these verses tell you about the spiritual forces of darkness behind the darkness we face in our lives?

In what ways does fear freeze your thinking, exaggerate the negatives and arrest your progress? How can prayer help you "unmask" these and other effects of fear?

Read 2 Kings 6:15-17 and 2 Corinthians 10:4-5. What do you learn from these verses about how God helps us overcome fear?

Read John 14:16-17 and 2 Timothy 1:7. How does the Holy Spirit help you as a believer to overcome fear?

Start Praying and Doing:

Pray that God will give you the wisdom, courage and boldness to unmask your fears and overcome them in His name and by the power of His Spirit.

Share what you are learning along the way with someone who can stand with you in prayer, encourage you to victory and be encouraged in their spiritual battles!