

HOW'S YOUR LOVE LIFE

EXPERIENCING AND SHARING
LIFE-CHANGING LOVE.

LESSON 1 // YOU'VE GOT TO GET IT TO GIVE IT

Big Idea: We all recognize the importance of loving others, but the reality is that you can't give what you don't have! We must experience God's love ourselves if we want to give it to others.

This kind of love has real spiritual "substance"—it impacts people in significant ways. Everyone longs to experience it, but there's only one source for real love. God made a way for us to experience His love through Jesus. When we put our faith and trust in Him and receive God's love through Him, it settles and secures our hearts and equips us to share His love with others!

Ephesians 3:16-19 (NIV) *I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.*

Start Talking:

What are some misconceptions of love you have heard or seen or experienced?

Start Thinking:

Read 1 John 4:18. What kind of an impact can real love have in your relationships? What happens if it's missing?

Read 1 John 4:8 and 16. In what ways is God's love for us "perfect"? How have you experienced this in your life?

Read Ephesians 2:4-5 and Hebrews 10:19-22. How did Jesus make God's love real and accessible to us? How does this build your confidence and faith in Him?

Read Ephesians 3:16-21. What do you think it means to be "rooted and established" in God's love (Ephesians 3:17)? What difference should this make in your walk with the Lord and your love for others?

Start Praying and Doing:

Pray Ephesians 3:16-21 out loud each day this week. Confess and remind yourself through this Scripture that Christ's love for you is "wide and long and high and deep" and that the Lord wants you to be "rooted and established" in it.

Share with someone the difference this is making in your heart and life as you experience at a greater level this amazing love. And look for opportunities to express this love in a tangible way with people in need that God puts in your path.