



LESSON 2 // CHECK YOUR PERSPECTIVES

Big Idea: A perspective is a way of thinking that frames your approach to life. It's very important to understand your perspectives because they impact your behaviors and emotions. That's why you need to examine them in light of God's Word, arresting the wrong ones and building biblical perspectives that honor the Lord.

Philippians 4:8, 9 (NIV) *Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.*

Start Talking:

Share one perspective you used to have that has changed at some point. What changed your mind about this?

Start Thinking:

Do you generally tend to have a negative or positive perspective on life? Why do you think this is the case?

Read Romans 8:5. What do you learn from this verse about the relationship between how you live and your perspective (mindset)?

Read Psalm 119:18, 45; John 8:32; Ephesians 1:16-18. Why is it so important to measure your perspectives against the standard of God's truth? What happens if you don't do this?

Read 2 Corinthians 10:3-5. What do these verses tell you about arresting wrong perspectives and cultivating godly ones? In what practical ways can you do this?

Start Praying:

Pray that your perspectives will be shaped more and more by the truth of God's Word.

Start Doing:

Write down a summary of your perspectives (how you think) about God, yourself, others and life. Then write one sentence for each of these on how you can change your perspective for the better.