

JAMES BROWN

Big Idea: Crises are valuable if you learn something from them. In the midst of every crisis there's an opportunity to grow.

Times of crisis stir up anxiety and fear in us—this is natural and normal. But we can learn to overcome these fears through God's supernatural work in our hearts and minds. We can grow stronger as we believe God's promise that He has given us power, love and a sound mind.

This is how we fight through fear. We have the power of the Holy Spirit, the love of our heavenly Father and the truth and wisdom found in Jesus to win every battle!

2 Timothy 1:7 (NKJV) *For God has not given us a spirit of fear, but of power and of love and of a sound mind.*

Start Talking:

- What is one challenge that you have faced and how did you overcome it?
- How do you like to be encouraged? What is one way that you can encourage someone this week?

Start Thinking:

- This weekend James Brown shared that we can “major on minor things.” Meaning, that we place a heavy emphasis on things that are not of central importance. What are some areas that you tend to focus on that are not as important as you make them out to be?
- During Pastor Dale and James Brown's discussion they agreed that the Christian life is meant to be lived out, not just talked about. What are some ways that you can “live your faith out” for others to see? What are the dangers of not living your faith out for others to see?
- **Read 2 Timothy 1:7, John 14:27 & Philippians 4:6-7.** Fear and anxiety are prevalent during this season, given current events. How can we combat these feelings? What gives you hope that we can overcome these things? What are some ways that we can share hope with others?
- **Read Psalm 103:8,1 John 4:16 & Romans 8:38-39.** James Brown shared that it comes down to the love of God in our lives. How should this love change and shape how we tackle challenges?

Start Praying:

Take some time with your group this week to share what you are grateful to God for. Ask your group members to share their prayer needs and pray for one another. Please pray for those that are ill as a result of COVID-19. Also, please pray for peace and healing across our country as many are fearful, angry, and struggling.

Start Doing:

- Attend church online this coming weekend - <https://church-redeemer.churchonline.org>. If possible host a watch party over Facebook and be part of service with your group.
- Share the name of one person that you are going to encourage this week.