



LESSON 1 // LIVING IN LOVE—PART 1

Big Idea: Living well is about the heart-level fulfillment you experience and the fruitfulness that flows from you to those around you. God wants you to be fulfilled and fruitful (Genesis 1:28), and He's made a way for this to happen in your life.

This begins with the most important, essential part of your life—love. Love is the greatest gift you'll ever receive and the greatest gift you'll ever give. On the other hand, a lack of love causes serious problems in you and your relationships. That's why you need to always stay connected with God, who is love (1 John 4:8), as the Source of real love in your life.

Colossians 3:14 (CEV) *Love is more important than anything else. It is what ties everything completely together.*

Discussion Guide:

This weekend we learned about experiencing a full and fruitful life. What part of the message spoke to you the most and why?

When you experience a lack of love in your life, which of the points shared do you lean towards and why?

We receive (and give) love in a variety of ways. *Words of affirmation, gifts, quality time, acts of service, physical touch* are all ways we can receive love. Rank these from highest to lowest in terms of how you receive love.

Sometimes it's easy to place a higher value on things other than love. The Bible says in **Colossians 3:14 (CEV)** **"Love is more important than anything else. It is what ties everything completely together."** Talk about a time when love brought people together in your life. Why is it sometimes, easier to divide rather than come together in unity?

Think of a person in your life that loves well. What qualities about them make others feel loved?

Prayer Focus:

Read **1 Corinthians 14:1** with your group (**"Let love be our greatest aim..."**). Talk with your group about what practical things they can do this week to show love to others. Pray for the leading of the Holy Spirit and for wisdom as your groups strives to demonstrate God's love this week.

Leader Tip:

What are some ways we can love those that don't know Christ? (Encouragement, serving, hospitality, a hug, etc.) Challenge the group to love one person in a tangible way this week.