



LESSON 7 // BUILDING A FOUNDATION OF FAITH—PART 1

Big Idea: Building a foundation of personal faith in Christ is essential to a fruitful and fulfilling life. Without it we will not become the person God wants us to be or do what He wants us to do.

Faith must be developed. It can grow through time and experiences with the Lord, but we need to actively seek this kind of growth.

Hebrews 11:6 (NIV) *And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.*

Group Discussion:

This weekend we learned that faith is the foundational quality upon which every other quality is built. What part of the message spoke to you the most and why?

Are there any promises God has put in your heart that have yet to be fulfilled? How do you keep your faith strong in the process of waiting?

Are there any areas of your life that seem hopeless, stagnant, or lack faith? (work, marriage, kids, health, etc.) Are there thought patterns, habits, or external circumstances that are hindering your faith in these areas?

What practical things can you do to develop faith in these areas?

Read Matthew 14:29-33 Faith supersedes our circumstances. While our circumstances may seem hopeless, faith produces hope and hope transforms thoughts, attitudes, and actions. Belief transforms behavior. Can you think of an example when your faith helped you overcome a difficult circumstance? What about when your circumstances overcame your faith? What did you learn from both scenarios?

Prayer Focus:

James 2:14 says “What good is it, dear brothers and sisters, if you say you have faith but don’t show it by your actions? Can that kind of faith save anyone?” Ask God to help you overcome areas of unbelief, to increase your faith, and give you courage to turn faith into action.