# The Way Back to Better

# LESSON 1 // GET STARTED

**Big Idea:** In the midst of great uncertainty in the world, God wants to help you recover from 2020 by leading you into a better future in this new year.

We all need recovery because we all have some kind of sin, loss, failure or weakness in our lives. The good news is that we serve a God of recovery who helps us overcome the most challenging and devastating obstacles we face. You can experience this kind of recovery if you really want it and believe God for it!

John 10:10 (NIV) The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

## Start Talking:

What was the hardest part of 2020 for you? How is God helping you through this?

### Start Thinking:

**Read Romans 3:23.** What does it mean to "fall short of God's glory" in your life? How does this point to your need for recovery?

Read Luke 15:11-24. What do you learn from these verses about God's heart to help you recover?

**Read John 5:1-9.** How does this story challenge you about your desire for God's restorative work in your life?

Read John 10:10. What kind of "full life" do you believe Jesus wants to bring you into this year?

# **Start Praying:**

Share with the group something that has been challenging in your life as you come out of 2020. Pray for each other based on Galatians 6:1-3 so that you "carry each other's troubles" to the Lord.

# Start Doing:

Write out at least one way you are believing God for recovery in your life this year. Also write out and begin practicing this week your part in this recovery process. Share what you are learning and doing with a trusted friend or small group. (*Please note that we have a wonderful Celebrate Recovery ministry that provides a safe environment and small groups for recovery. Find out more at https://church-redeemer.org/ministries/care-and-support/celebrate-recovery/.*)

Pray for wisdom for our church leaders about beginning to meet in person for worship services and ministry opportunities. Also prayerfully consider supporting outreach efforts at Church of the Redeemer. For more information, visit: https://church-redeemer.org/ministries/outreach/covid-19.