

The Way Back to Better

LESSON 2 // REPENTANCE

Big Idea: When our desire to change and our faith in Christ meet with God's power, recovery happens! And the first step on the road to this recovery is repentance. Repentance is an awareness, desire and decision that leads to change. We align our life with God as we take personal responsibility to repent.

Mark 1:14, 15 (NLT) *Later on, after John was arrested, Jesus went into Galilee, where he preached God's Good News. ¹⁵ "The time promised by God has come at last!" he announced. "The Kingdom of God is near! Repent of your sins and believe the Good News."*

Start Talking:

Talk about a time when you changed something important in your life.

What motivated you to change? What decisions did you make that led to real change?

Start Thinking:

Read Mark 1:14, 15; 2 Corinthians 7:10. What do you learn from these verses about repentance?

What does it mean to "align your life with God"? How does repentance help you do this?

Read Deuteronomy 30:19; Psalm 51:1-4; Isaiah 57:15; 1 John 1:9. What do these verses tell you about your responsibility in repentance?

Start Praying:

Pray for each other that you will have a genuine desire to change and align your life with God. Pray that you will take personal responsibility to repent in whatever areas of your life this is needed.

Start Doing:

Write out one area of your life in which you need to change/repent and a prayer that expresses your repentance. Take this before the Lord this week and receive His grace and forgiveness as a step on your road to recovery. Also write out what practical changes you will make going forward to actually live out this repentance.

Please note that we have a wonderful Celebrate Recovery ministry that provides a safe environment and small groups for recovery. Find out more at <https://church-redeemer.org/ministries/care-and-support/celebrate-recovery/>.)

Pray for wisdom for our church leaders about beginning to meet in person for worship services and ministry opportunities. Also prayerfully consider supporting outreach efforts at Church of the Redeemer. For more information, visit: <https://church-redeemer.org/ministries/outreach/covid-19>.