

# The Way Back to Better

## LESSON 3 // EXPECT

**Big Idea:** Recovery is possible as God's grace works in our hearts! For our part, we must believe it's possible and expect the Lord will do this work in us. To expect and experience recovery, you need to hear God's voice, put a period on your past, believe in His ability and embrace His grace.

**Joshua 1:6-8 (NIV)** *Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them. <sup>7</sup> Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. <sup>8</sup> Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.*

### Start Talking:

What is one positive expectation you have for 2021 that involves responsibility on your part? In what ways do you need to trust God in this process?

### Start Thinking:

**Read Joshua 1:1.** Why is it so important that you listen for God's voice if you're going to move forward in recovery?

**Read Joshua 1:2.** What does it mean to "put a period on your past"? What's one way you can do that as you look ahead into this new year?

**Read Matthew 19:26.** How does this verse speak to you about God's ability to help you recover?

**Read Joshua 1:6-9; Acts 20:32.** How can you get a "firm grip" on God's grace in your life?

### Start Praying:

Pray that you will be able to tune out negative voices and listen to God's voice, especially through His Word. Pray that you will increasingly believe and trust in God's ability and grace in your life!

### Start Doing:

Begin each day this week by listening for God's voice as you spend time diligently reading and meditating on His Word. Write down what you are hearing from Him, turn that into action items in your recovery process and expect the Lord to work by His grace!

*Please note that we have a wonderful Celebrate Recovery ministry that provides a safe environment and small groups for recovery. Find out more at <https://church-redeemer.org/ministries/care-and-support/celebrate-recovery/>.*

Pray for wisdom for our church leaders about beginning to meet in person for worship services and ministry opportunities. Also prayerfully consider supporting outreach efforts at Church of the Redeemer. For more information, visit: <https://church-redeemer.org/ministries/outreach/covid-19>.