

The Way Back to Better

LESSON 4 // COMMIT

Big Idea: No matter what you're facing this year and in the years to come, God wants you to believe Him for recovery in your life. He also requires certain cooperating steps on your part in this process. We have learned that repentance and faith-filled expectation are two important steps. Another key is commitment. God is committed to us and He created us for commitment. Making and keeping the right commitments is a vital part of the pathway to your recovery.

Matthew 10:38, 39 (NIV) *Whoever does not take up their cross and follow me is not worthy of me.
³⁹ Whoever finds their life will lose it, and whoever loses their life for my sake will find it.*

Start Talking:

What do you think Jesus means when He calls us to take up our cross and follow Him in Matthew 10:38, 39? In what ways does this challenge and encourage you as a believer?

Start Thinking:

Read Matthew 6:25-29 and John 3:16. How do these verses speak to you about God's commitment to you?

Why is it so important to understand that God created us and wired us for commitment?

How do the right commitments position us for healing, stability and growth?

Why do we need to base our commitments on the principles and instructions of the Bible? What happens if we fail to this?

Start Praying:

Pray for God to give you the courage and strength to make and keep commitments that honor Him.

Start Doing:

Write out a brief description of your three most important commitments. Determine how well these are aligned with biblical principles and instructions and take practical steps this week to re-align them where needed.

Please note that we have a wonderful Celebrate Recovery ministry that provides a safe environment and small groups for recovery. Find out more at <https://church-redeemer.org/ministries/care-and-support/celebrate-recovery/>.)

Pray for wisdom for our church leaders about beginning to meet in person for worship services and ministry opportunities. Also prayerfully consider supporting outreach efforts at Church of the Redeemer. For more information, visit: <https://church-redeemer.org/ministries/outreach/covid-19>.