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Hey Parents! This week we discussed the Fruit of the Spirit of peace this week as told through the story of King Herod and Peter. King Herod threw Peter in jail for following Christ and even planned to kill him, but Peter never feared because he trusted God's plan. Peace is when God helps us to be calm no matter what is going on around us. It is easy to worry when things do not go according to plan. But when God's peace fills us, we do not have to be afraid. He is the only constant, stable thing in our lives that we can always depend on.

- 1. What is an example of something peaceful?
- 2. When was a time you were scared?
- 3. How is God's peace similar to the calm, peaceful situation you described?
- 4. How can you use this peace next time you are scared?

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