



Lydia, Paul and Silas  
Acts 16: 11-15, 40

# COLOred By:

on

Hey Parents! This week your child learned about the Fruit of the Spirit of goodness through the story of Lydia. During Paul's travels, he brought many people to Christ including Lydia. She was so grateful to Paul for sharing the good news with her that she continually opened her home to Paul and his friends when they needed a place to stay. When you are filled with Christ, you are filled with His characteristics, including His goodness. Goodness is treating others well because we have Christ in our hearts. Take some time this week to discuss the following questions with your child.

1. What is something good someone has done for you?
2. Lydia had the gift of hospitality. What is something you are good at?
3. How can you use that to do something good for someone else?



**Paul and Barnabas**  
**Acts 9:26-31,**  
**13:1-3, 15:36-41**

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Hey Parents! This week we learned about the Fruit of the Spirit of gentleness by looking at the life of Barnabas. Barnabas showed God's gentleness toward Saul, giving him a chance when others were resistant to accept him because of his past. The Fruit of the Spirit of gentleness can be an immense gift to others. Gentleness is not just being timid or tender. It is being slow to anger, quick to forgive and accepting of those who are different than us. You are gentle when you show care and compassion toward others. Take some time to discuss the following questions with your child this week, reinforcing the importance of gentleness.

1. What does the word gentle mean?
2. Who should we show gentleness toward?
3. What is something you can do for someone today that shows them gentleness?

