

Fruit of the Spirit
Self-Control

T	I	U	E	I	S	E	L	F	F
F	I	D	F	P	P	I	I	E	R
R	S	T	R	U	G	G	L	E	U
O	I	C	O	N	T	R	O	L	I
I	F	N	R	S	P	I	R	I	T
D	I	S	C	I	P	L	I	N	E
T	A	U	E	C	D	T	I	G	D
H	R	A	C	T	I	O	N	S	P
I	P	G	S	E	O	T	L	L	I
T	H	O	U	G	H	T	S	L	S

ACTIONS
CONTROL
DISCIPLINE

FEELINGS
FRUIT
SELF

SPIRIT
STRUGGLE
THOUGHTS