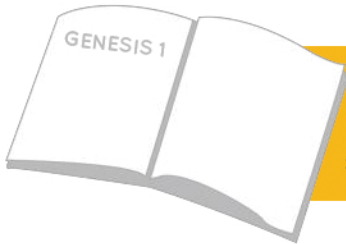




# BUILDING FAMILY TRADITIONS

AS YOUR CHILD TURNS

1  
YEAR



## BIBLE STORIES

Using a picture Bible is a great way to start reading the Bible with your one year old!

## SEPARATION

All children go through a period of separation anxiety. The best way to overcome this is to have a consistent routine when dropping off and picking up. This helps separation feel more familiar.



## COMFORT

It is important that children learn to be comforted by many people, including mom and dad. Allowing someone else to comfort your child teaches them about God's family that cares for each other.

WHILE GIVING  
YOUR BABY PLENTY  
OF LOVE, MAKE SURE TO  
RESPOND TO THEIR NEEDS IN A  
WAY THAT BUILDS TRUST  
BETWEEN YOU. EVEN AT A  
YOUNG AGE, YOU CAN TEACH  
YOUR CHILD ABOUT THE TRUST  
WE HAVE IN GOD THROUGH  
YOUR EXAMPLE!

## SPEAK WORDS OF FAITH



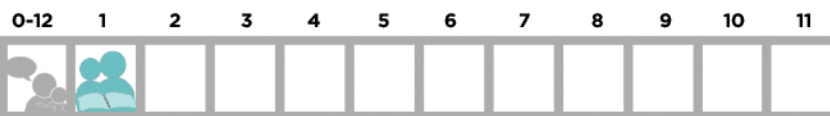
"GOD LOVES YOU!"  
"I TRUST GOD."

## GENTLE HANDS

At about 18 months your child may begin to treat people like objects. Teach them to use "gentle hands" to love one another. Continually reinforce these concepts and the difference between toys, objects and people.

During this phase, your child will enjoy exploring and using their five senses and will repeat things again and again and again.

## SPIRITUAL TRADITIONS



To learn more about spiritual traditions, visit [church-redeemer.org/traditions](http://church-redeemer.org/traditions)



Start the tradition of reading the Bible with your child at a young age. Use a picture Bible and/or read aloud Bible stories to help them to engage with God's Word even now.

## HOW DO YOU EXPLAIN GOD?

Babies may not understand who God is, but think of it this way: they don't understand who a grandparent is either. You want them to know Grandma or Grandpa—even if they don't see them often—so you talk about them so they can see they are important people in your life. The same is true with God. They may not understand who God is, but if you talk about Him often, they'll begin to realize that God is important in their life too.

## RESOURCES

Here are some picture Bibles you can use:  
Baby's First Bible Stories by Paragon Books  
The Big Picture Story Bible by David Helm

[church-redeemer.org/parentresources](http://church-redeemer.org/parentresources)