

BUILDING FAMILY TRADITIONS

AS YOUR CHILD TURNS

2 YEARS



EXPLORE

Two-year-olds are always on the go, getting into things and ready to explore.

Give your child plenty of sensory activities and experiences to help them

discover the world they live in!

Purchase and let your child explore a nativity or Noah's Ark play set. Let the Bible be a "hands-on" experience when possible.

INDEPENDENCE

Kids want small levels of independence and it's not too early to let them do some things on their own. For example, allow them to walk into their classroom by themselves. Talk about differences between people and how God made us all unique. Make sure your child realizes how special and unique they are.



BOUNDARIES

Two-year-olds struggle with personal boundaries. Teach them how to love one another.

(John 13:34)

AUTHORITY

We've all heard of the "Terrible Twos", but this phase can also be a time of tenderness and joy. Power struggles will occur. Lay the foundation for the respect of your authority. Routines must be followed. Your child wants to make and keep routines as much as you.

BIBLE STORIES

Because of their short attention span, toddlers often won't sit through an entire Bible story. Take advantage of their enjoyment of cuddle time and read to them while they sit on your lap.



POTTY TRAINING

Two years old is a good age to begin potty-training. When checking into your RKids room, let the volunteer know you are potty-training. We will provide a "potty-training" sticker for your child to wear and give them reminders.

SPIRITUAL TRADITIONS

0-12 1 2 3 4 5 6 7 8 9 10 11

To learn more about spiritual traditions, visit church-redeemer.org/traditions



There are so many traditions that help young kids understand faith. One of those is the habit of praying before you eat. Everyone in the family can participate in mealtime prayers. At two years of age it will most likely be repeat-after-me prayers, but as time progresses they'll be able to pray more and more by themselves.

2-YEAR-OLD CHORES

It's never too early to establish chores in your child's daily routine and at two years old, stickers are a perfect reward! Here are some suggestions for simple chores for your child:

- ☐ Putting pajamas in with dirty clothes
- ☐ Picking up toys at the end of the night
- ☐ Brushing teeth
- ☐ Carrying own cup/bowl over to the sink
- ☐ Sweeping off porch
- ☐ Caring for pets