

BUILDING FAMILY TRADITIONS

AS YOUR CHILD TURNS

5 YEARS





OBSERVE

Your five-year-old is watching your actions and reactions. Make sure you are modeling godly behavior. Kids are also observing their friends. Help them make wise choices about who they spend their time with. Proverbs 12:26

MEMORIZING

Kids during this phase have an amazing memory and are able to memorize God's Word.

SCHOOL

School, whether it's Pre-K or Kindergarten, could be just as emotional for mom and dad as it is for your child. Routines and consistency are important throughout this phase.



Praying with your child before you send them out the door or drop them off is a great way to prepare them (and you) for each day.

BOUNDARIES

Five-year-olds push their boundaries and that usually turns out for the worst. Use these experiences to teach them how to ask for forgiveness from God and others.

EMOTIONS

Five-year-olds can name all the major emotions. Help them label how they feel in certain situations and also talk about what God thinks of the things they say and do. During this phase your child has a great need for reassurance that they are loved and accepted. Lay the foundation of God's love through your own example and also examples from the Bible.

ROUTINE

Routine is very important, but don't forget to do fun, out-of-the-ordinary things that use imagination and creativity. Five-year-olds like thinking outside the box!

RESOURCES

The Way I Feel by Janan Cain explores emotions in simple, brightly colored pictures.

My First Hands-on Bible is a wonderful next step after the Beginner's Bible.

Resurrection Eggs: The symbols and story you can tell using these eggs can be found online at: www.faithgateway.com/making-resurrection-eggs-easter-story

Resurrection Rolls: The recipe and story can be found online at:

www.lifeway.com/kidsministry/2014/03/31/easterrecipe-resurrection-rolls

SPIRITUAL TRADITIONS

0-12 1 2 3 4 5 6 7 8 9 10 11

To learn more about spiritual traditions, visit church-redeemer.org/traditions



There are many spiritual traditions surrounding the Easter season. Things like Resurrection Eggs are a fun way to teach the Easter story. You can also make Resurrection Rolls or cookies. Make sure the focus you put on Easter is Christ, His resurrection and celebrating Jesus!