**Building Family Traditions**

**As Your Child Turns 6 Years**

**Make It a Habit!**

**Selfish**
Selfishness is prevalent at this age and stage of life. Use examples to teach your child humility and love for others. Philippians 2:3 would be a great memory verse!

**Attention**
Your child needs, wants, and craves your attention. When you focus solely on them, celebrate your relationship and share about the importance of a close relationship with God.

**Emotions**
As you go through your day or process special events, name the emotions your child and others feel. This helps teach sympathy and empathy.

**Spiritual Traditions**

![Spiritual Traditions Chart]

To learn more about spiritual traditions, visit [church-redeemer.org/traditions](http://church-redeemer.org/traditions)

Make a habit of daily or regularly asking your kids about God Sightings. These are ways they've seen God at work. It will take some time and modeling on your part before kids start to get it. For example “Did you see how God gave us all green lights when we were running late?”

**Fairness**
Six-year-olds are all about being fair. Use unfair situations as examples. When your child is questioning fairness, use those opportunities to talk about God’s justice and mercy. Read Micah 6:8 together.

**Approval**
If there’s one thing your six-year-old is searching for, it’s approval. Make sure you give your approval often and sincerely.
Remind them their value comes from God. Deuteronomy 7:6

**Make It a Habit**
Make it a habit to talk with your kids about their day with a high: ✆ a low: ⬇️ “God-sightings”: ✆ and mistakes: ⬇️
that happened during their day.

Study God’s Word with your child. Read a verse together and then spend a minute or so talking about what it means. This 3-4 minute devotional time is perfect to do each night before bed.

**Resources**
The Action Bible is a comic book style Bible which is perfect for kids of this age to explore.

The Way I Feel by Janan Cain is a great book to learn about emotions with your child. This great tool features simple text and bright, colorful pictures.