



# BUILDING FAMILY TRADITIONS

AS YOUR CHILD TURNS

# 7 YEARS



## EAGER TO LEARN

As kids start to discover, point them not just to Bible stories, but also biblical concepts, such as love, justice, mercy, etc. Sometimes during this phase your child will experience difficult times with friends. Teach them about God's mercy, using Ephesians 4:32 to show them the importance of forgiving others and being kind.

## RIGHT VS. WRONG

As kids learn morality, use words like "God wants us to..." and "It's wrong in God's eyes to..."

## DISCOVERY

There is so much to explore and discover when you're seven! While maintaining a consistent routine, let your child think outside the box, play, use their imagination and discover.

Use their inquisitiveness to explore God's Word and discover the truth in Scripture.



## EMOTIONS

Seven-year-olds feel guilt and shame and are learning about different emotions. As they do, teach them about guilt and shame in a godly way. Look at 2 Corinthians 7:10 together for more on this topic.

## SELF-CRITICAL

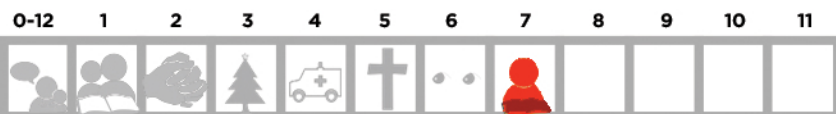
Seven-year-olds confuse, "I feel" or "I did" with "I am." For example "I lied" = "I am a liar" Make sure to teach them about their worth. Memorize Ephesians 2:10 with your child as a reminder of how valuable they are to God!

## RESPONSIBILITY

89% of kids do chores and 47% of them start before the age of 6. Teach your child responsibility by assigning them chores to do on their own. Use their attitude and actions as examples of character qualities like commitment, thoroughness and diligence.



## SPIRITUAL TRADITIONS



To learn more about spiritual traditions, visit [church-redeemer.org/traditions](http://church-redeemer.org/traditions)



Devotions are so important for all of us. Teaching your children this habit early will develop life-long patterns that will keep them grounded. Get your child an age-appropriate devotional book they can use, and buy them new ones if the novelty wears off.

## RESOURCES

**Conversation Starters:** Need conversation starters for your kids? Focus on the Family recommends the free app called "Conversation Starters—Make Every Day Count" from the App Store.

**Devotional Books:** [www.Christianbook.com](http://www.Christianbook.com) is a great resource to find devotional books.

[church-redeemer.org/parentresources](http://church-redeemer.org/parentresources)