BUILDING FAMILY TRADITIONS

AS YOUR CHILD TURNS 11 YEARS

PUBERTY
Parents, you must have open communication about sexuality and puberty now, or your child won’t talk with you about it later.

IDENTITY
Kids may be identified by an activity they do, but make sure their primary identity is in Christ. Make God and church a higher priority than your activity schedule.

FRIENDS
Friendships commonly change at this age. Be prepared for some relationships to end, some to get stronger and don’t be surprised when your relationship with your child changes as well.

Be sure to encourage godly friendships as these relationships can become one of the most significant influences for your child. This means making church attendance and church activities a priority. Proverbs 27:17

AFFIRMATION
Eleven years old is considered the “age of withdrawal”. Many children at this age begin to withdraw from relationships with you, friends, siblings and activities. These are usually the result of a deep questioning of their own worth.

SPIRITUAL TRADITIONS

To learn more about spiritual traditions, visit church-redeemer.org/traditions

Continue to invest in spiritual traditions and habits that will last throughout your child’s life. One way to do this is to memorize Scripture as a family. Another is to teach your child how to journal about God’s Word and pray daily. Buy them a new journal and participate in the process with them.

RESOURCES
“The Genesis Code” is an interesting movie about science and God. The conclusion is that both of these can co-exist.

Passport to Purity is a book from Focus on the Family that is an excellent resource as you continue to talk to your student about puberty and purity.

Serving: Kids can “grow in love” by giving of themselves in serving. In 6th grade, kids can begin serving on their own in early childhood areas.

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