



RUDDERS - *And* - ROUTES

CHANGE YOUR WORDS AND CHANGE YOUR LIFE

LESSON 2 // AGREEING WITH GOD

Big Idea: In many ways, your words direct your life, so changing your words can change your life. A key to this is choosing words that honor and agree with God and His truth. We must agree with what He says about Himself, us, others and the world around us—even when it runs counter to our self-talk and certainly in response to every deceptive thought of the devil. We agree with God’s truth by discovering it, believing it, speaking it and following it.

Proverbs 18:21 (Amp) *Death and life are in the power of the tongue, and those who love it and indulge it will eat its fruit and bear the consequences of their words.*

Discussion Questions:

This weekend, we learned that agreement empowers and reinforces what we already believe. Can you share a time you believed something about a person or place, and someone else confirmed it? What about a time you believed something and it was proven untrue or false?

We typically seek to validate our beliefs by finding agreement through facts, circumstances, conversations, etc. What places and people do you go to for validation? Why? Do these sources strengthen right thoughts, opinions, beliefs, actions, etc?

What we speak is vital to our lives and future. We tend to speak what we believe—even if what we believe isn’t truth. What are some of the subtle lies of the enemy that become self-talk to us?

What are some ways we can improve our self-talk? (Memorize scripture promises and speak them aloud, write verses on bathroom mirror to see and say each morning, place index cards with verses on identity in your car, purse, bag, etc.)

Prayer Focus:

Ask members of your group to share some of the obstacles that regularly challenge their “agreement”. Take some time to pray for one another and ask for God for wisdom and courage as you and your group look to align yourself more consistently with his promises.