



RUDDERS - *And* - ROUTES

CHANGE YOUR WORDS AND CHANGE YOUR LIFE

LESSON 5 // ADDRESSING YOUR PROBLEMS—PART 3

Big Idea: What you say *about* your problems matters—and what you say *to* your problems also makes a huge difference in your life. It's important that you learn to speak to your problems with wisdom and knowledge from God's Word, faith in God's promises and confident trust in God's power.

Matthew 4:1-11 (NIV) *Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." ⁴ Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" ⁵ Then the devil took him to the holy city and had him stand on the highest point of the temple. ⁶ "If you are the Son of God," he said, "throw yourself down. For it is written: 'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'" ⁷ Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'" ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. ⁹ "All this I will give you," he said, "if you will bow down and worship me." ¹⁰ Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'" ¹¹ Then the devil left him, and angels came and attended him.*

Discussion Questions:

- This weekend we learned that how we address our problems is crucial to the outcome. What part of this weekend's teaching spoke to you the most?
- We all face challenges in this broken world and Jesus spoke to that in **Mark 11:22**. How do we talk to our mountains? What verses of Scripture have you found useful to apply to problems you face?
- What aspect of your life (work, friends, family) do you need wisdom & knowledge that comes from God? How will you practically pursue it?
- **Hebrews 4:12** says the "Word of God is alive and active." Reflect on this verse and consider how God's Word has spoken to problems, present or in your past.
- To speak to our problems in the right way, we need to speak with faith and conviction. What are some things that encourage your faith and strengthen your convictions? What verses can you refer to, who that will help you refocus and align yourself to God's Word?

Prayer Focus:

Before closing your time, ask group members to share (if they are comfortable and it's appropriate) what current challenges are leading them to think and feel. Pray for wisdom, courage and strength to believe God's promises and to live with boldness in the midst of challenges.