



RUDDERS - *And* - ROUTES

CHANGE YOUR WORDS AND CHANGE YOUR LIFE

LESSON 6 // ADDRESSING YOUR PROBLEMS—PART 4

Big Idea: The language you use when facing problems in your life is important. It helps or hinders you. Your words can invite heaven into your problems or they can loose hell into your life. A key to this is *how* you speak to your problems. The right way includes speaking to your problems with the wisdom and authority God gives you and with the power of praise.

Proverbs 18:21 (NIV) *The tongue has the power of life and death, and those who love it will eat its fruit.*

Mark 11:22-24 (NKJV) *So Jesus answered and said to them, “Have faith in God. ²³ For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. ²⁴ Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.”*

Group Discussion:

This weekend we learned how we address our problems matter. What part of the message spoke to you most and why?

Describe a time when someone’s words and how they said it affected how you received it? (Ex: criticism delivered with empathetic tone, positive words delivered with harsh tone).

Think of someone you know or admire that has courage. What qualities about them lead you to believe they are courageous?

Speaking with spiritual authority isn’t commanding God to do something. Its commanding problems, circumstances and environments around you to align with God’s Word and will. Read and reflect on these verses together in **Matthew 6:9-10 and Luke 10:19**. What steps can you begin to take (or already taking) to practice this vital truth.

Read 1 Thessalonians 5:18. Have you ever praised God in the midst of a problem? What was the result? Do you have a problem you can praise God in right now?

Prayer Focus:

Pray **Philippians 4:6-7** over your group. Spend time in prayer together giving thanks and praising God.

Leader Tip:

Challenge your group to praise God in the middle of problems, big and small, this week. Encourage them to share about it at the next group meeting. Be prepared to share your own experience with praising in the midst of challenges.