

LESSON 5 // BE HUMBLE

Big Idea: Making the most of your life starts with a choice to get wisdom and to live wisely—to live according to God’s Word and His way.

One of the wisest choices you can make is to resist pride and live in humility. Humility is healthy and opens the door for God’s grace to work. Pride shuts off the flow of grace and leads to a destructive life.

James 4:6b (NIV) *God opposes the proud but shows favor to the humble.*

1 Peter 5:6 (NLT) *So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor.*

Start Talking:

Why is it so challenging for us to walk in humility and avoid pride? What has been your experience with this battle?

Start Thinking:

Read Proverbs 16:18. In what ways is pride destructive?

Read Proverbs 13:10 and 21:24. How does pride impact your relationships?

Read James 4:6 and 1 Peter 5:6. How does God respond to humble people? How should this make a difference in your walk with the Lord?

In what practical ways can you cultivate humility in your daily life?

Start Praying:

Pray that the Holy Spirit will give you a strong awareness of any pride in your life—and courage to resist it by God’s grace.

Start Doing:

Memorize James 4:6 and 1 Peter 5:6 this week. Allow God to use these and other verses in His Word to help you develop “the humility that comes from wisdom” (James 3:13).