

LESSON 5 // HEAL US—PART 1

Big Idea: It's important that our prayers are always grounded in God's Word. This is certainly true when we pray for healing.

Based on clear biblical examples and promises, we can be sure that healing is an expression of God's nature and a desire of His heart for people. The Lord responds to prayers for healing, but we should not set the conditions for His healing. He may heal now, later or in eternity. He is sovereign and all-wise, so while we are encouraged to pray for healing, we also trust God's thoughts and ways in the healing process.

1 Peter 2:24 (NIV) "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."

Start Talking:

- Has God ever answered your prayer for healing? If so, share what happened.
- How would you explain miracles to someone who is not aware of what miracles are?

Start Thinking:

- Read Psalm 103:1-3. Why do you believe that God chooses to identify Himself as a Healer (Jehovah Rapha)?
- **Read Matthew 4:23.** Do you believe that God still wants to heal people today? What are some reasons for God not healing someone? What is a healthy response if God does not heal us (or someone else) even if we pray for it?
- Read Isaiah 53:5 & 1 Peter 2:24. How does Jesus' suffering make way for our healing? Should we approach God confidently believing that He wants to heal?
- **Read 3 John 1:2.** What do you think this verse means? How does it apply in our day-to-day lives? What does it mean to be strong in spirit?
- Read Genesis 2:16-17 & James 1:15. These verses show us that death and sickness are brought into the world by sin. With that being said, why can it be easy to fall into the trap of blaming God when things go wrong? How can we work to ensure that we maintain a healthy view of challenges and hardship?

Start Praying:

Before closing in prayer, ask group members to share any situations in their life (or a loved one's life) where there is a need for a miracle. This can be a physical, relational, financial, emotional, or spiritual need. Lead the group prayer time and pray for the needs that are shared. Commit to praying for these needs as a group over the next few weeks encouraging one another in these situations.

Start Doing:

- If you haven't yet, download the prayer guide and follow along with the prayer focus for the remainder of the series.
- Invite those in your group to prayerfully consider supporting outreach efforts at Church of the Redeemer. Support can be offered by volunteering, donating products, or offering financial support (for those that are able). For more information, visit: https://church-redeemer.org/ministries/outreach/covid-19