

LESSON 6 // HEAL US-PART 2

Big Idea: God is a Healer and He heals us as His children. How should you pray for healing with this in mind? Ask the Lord to heal—to remove, resolve or restore anything that's destructive in your life. Ask Him also for patient endurance in the healing process. Call on Him for understanding and power to make any adjustments He wants you to make in your life. Remember God's love and pray in love. Be thankful. And find simple ways to be helpful to others—an important part of your personal healing!

3 John **2** (NIV) Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Start Talking:

How does patient endurance help you navigate God's healing process?

Why is remembering and holding on to God's love so vital when you need healing or you're praying for someone who needs healing?

Start Thinking:

Read Romans 12:2. How does this verse speak to you about making changes or adjustments in your life that may be part of God's healing for you?

Read Matthew 14:14. Why is it significant that Jesus' healing actions were often prefaced with the phrase "moved with compassion"? How should this impact your prayers for healing?

Read 1 Thessalonians 5:18. In what ways can a thankful heart help you pray for and experience healing from the Lord?

Read Job 42:10. How might God work in your life when you pray for Him to heal others?

Start Praying:

Ask group members to share how they are growing (or want to grow) in prayer based on what they are learning in this series. Pray for one another about these as well as specific needs for healing that have been shared.

Start Doing:

If you haven't yet, download the prayer guide and follow along with the prayer focus for the remainder of the series.

Invite those in your group to prayerfully consider supporting outreach efforts at Church of the Redeemer. Support can be offered by volunteering, donating products or financial support (for those that are able). For more information, visit: https://church-redeemer.org/ministries/outreach/covid-19.