

LESSON 4 // WHY WE WORSHIP—PART 2

Big Idea: Understanding why we worship is important part of worshiping “in spirit and in truth.”

Worship prepares us to realize the potential God placed in us. It also connects us with God’s strength for our tough times. In worship, we wage war against the kingdom of darkness, engaging and defeating spiritual enemies through the power of Jesus Christ. As we worship, God releases grace for recovery, restoration and transformation in our lives.

Acts 16:25-26 (NLT) *Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off!*

Start Talking:

How has worshiping God helped you through tough times?

Start Thinking:

Read Genesis 1:26-28. What do these verses tell you about the potential God put in each one of us?

Read Acts 16:22-26. How does this example of Paul and Silas encourage and inspire you to worship your way through the challenges you face?

Read 2 Chronicles 20:22-23 and James 4:7. In what ways does worship help you engage in spiritual warfare and “resist the devil”?

Read Psalm 23:2-3 and Isaiah 57:15. How do these verses speak to you about the promise of God’s restoration and transformation in your life through a humble, worshipful heart?

Start Praying:

Pray for the boldness and confidence to engage in spiritual warfare as you worship. Thank God that He “gives us the victory through our Lord Jesus Christ” (1 Corinthians 15:57) in every battle.

Start Doing:

As you worship this week, commit to the Lord the challenges you face and believe Him to bring you through by His grace and power. Declare the following verses about the victory you have in Christ over every aspect of your life: John 16:33; Romans 8:37; 1 Corinthians 15:57; 1 John 5:4.