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LESSON 5 // SEE THE HELPER

Big Idea: We need consistently strong spiritual vision to experience all God has in store. This includes vision to see the Helper, the Holy Spirit, and all He does for us.

The Holy Spirit lives in us as believers, seals us and empowers us. He assures, comforts and encourages us, inspires and teaches us, and enables us to love others. The Spirit helps us overcome temptation, pray and fulfill God's work. He gives us wisdom and direction, helps us conquer fear and transforms our thoughts and attitudes. The Holy Spirit gives us new life and longs to fill us and use us for God's glory.

John 16:7-15 (NIV) But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you. ⁸ When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment: ⁹ about sin, because people do not believe in me; ¹⁰ about righteousness, because I am going to the Father, where you can see me no longer; ¹¹ and about judgment, because the prince of this world now stands condemned. ¹² I have much more to say to you, more than you can now bear. ¹³ But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. ¹⁴ He will glorify me because it is from me that he will receive what he will make known to you. ¹⁵ All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you!

Discussion Questions:

Of the many things we learned about what the Holy Spirit does for believers, which point stuck with you the most and why?

Which fruit of the spirit do you express most in your life? Which one would you like to grow in the most?

Christian life requires the help of the Holy Spirit. Share a time you relied on God's strength for something. What was the result?

Read Ephesians 1:13-14. Ponder this verse; specifically where it says "we are sealed with the promise of the Holy Spirit". How does this verse affect the way you live?

Read Romans 8:16. Have you ever felt out of place at a party or place? How did you feel? What words come to mind after reading this verse?

Read 1Peter 4:8. Think about family, friends, and co-workers. With God's help, who could you love better? Commit to praying for that relationship this week.

Prayer Focus:

Lord, thank you for the power of the Holy Spirit that lives in us. Strengthen our faith and increase our perseverance as we choose to trust and abide in you. In Jesus' name, amen.